



SONKAL OPEN

17TH MAY 2025

STARTS AT 10:00
SPORTS CENTER REPY

DISCIPLINES:
TUL, MATSOGI, POINT
FIGHT AND BLAZEPOD



THE COMPETITION IS HELD UNDER THE AUSPICES
OF CZECH TAEKWON-DO FEDERATION



ČESKÝ SVAZ
TAEKWON-DO ITF

THE COMPETITION IS ORGANIZED WITH FINANCIAL SUPPORT OF THE CAPITAL CITY OF
PRAGUE AND SUPPORTED BY ATAXON AND HAYASHI



SONKAL OPEN 2025

The competition is organized with the financial support of the Prague City Hall
Under the auspices of the Czech Taekwon-Do Federation with all the support
The competition is sponsored by Hayashi and Ataxon company

Date: **Saturday, 17 May 2025**

Venue: **Sports center Řepy, Na Chobotě 1420/16, Prague 6 – Řepy**

Organizer: **Sonkal z.s.**

Organizer: Czech Taekwon-Do ITF Federation

Tournament director: Vladimír Švanda (+420 774 874 664)

Chairman of umpires: Ondřej Vrábek (+420 777 011 692)

IT service: Mgr. Jakub Geyer (+420 602 407 013)

Application deadline: application must be filled on Monday, 12 May 2025 through portal of Czech taekwon-do federation - [Portal - external members](#)
First create an account, then add your competitors in the Club members tab, log in in the Competitions - Sonkal Open 2024 tab - add competitors and assign them disciplines, as well as referees.

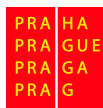
Entry fee: **500 CZK** per competitor **in pattern only**
600 CZK per competitor **in pattern + sparring/point fight** or **sparring/point fight only**
800 CZK per competitor **after deadline**

System of competition:
System of groups (league) is applied for pattern and sparring.
Sparring is for blue belts and higher only.

PRELIMINARY SCHEDULE

Saturday 17/5/2025

08:00-08:45 hrs.	registration & weigh-in
09:00 hrs.	coach meeting umpire meeting
10:00 hrs.	start of competition younger & older youth pattern and sparring
13:30 hrs.	younger & older junior, adults pattern and sparring
20:00 hrs.	conclusion of competition



PROPOZICE SOUTĚŽE

I. Divisions: individuals only

<u>II. Age groups:</u>	younger youth male/female	born in 2015 and younger
	older youth male/female	born in between 2012-2014
	younger junior male/female	born in between 2010-2011
	older junior male/female	born in between 2007-2009
	adult male/female	born in 2006 and older

III. Disciplines and categories: youth, juniors & adults compete in pattern and sparring

PATTERN

categories:

younger youth male	8.+7., 6.+5., 4. gup and higher
younger youth female	8.+7., 6.+5., 4. gup and higher
older youth male	8.+7., 6.+5., 4.+3., 2. gup and higher
older youth female	8.+7., 6.+5., 4.+3., 2. gup a and higher
younger junior male	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
younger junior female	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
older junior male	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
older junior female	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II.-III. Dan
adult male	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II. Dan, III.-IV. Dan
adult female	8.+7., 6.+5., 4.+3., 2.+1. gup, I. Dan, II. Dan, III.-IV. Dan

in groups: 1 designated pattern (Chon-Ji up to pattern for the last exam)

in case of two competitors in category: 1 optional pattern (one of patterns for next exam) and 1 designated pattern (Chon-Ji up to pattern for the last exam)

SPARRING

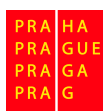
categories:

younger youth male/female	-25, -30, -35, -40, +40 kg
older youth female	-30, -35, -40, -45, -50, -55, +55 kg
older youth male	-35, -40, -45, -50, -55, -60, +60 kg
younger junior female	-40, -45, -50, -55, -60, -65, +65 kg
younger junior male	-45, -50, -55, -60, -65, -70, +70 kg
older junior female	-40, -46, -52, -58, -64, -70, +70 kg
older junior male	-45, -51, -57, -63, -69, -75, +75 kg
adult female	-47, -52, -57, -62, -67, -72, -77, +77 kg
adult male	-52, -58, -64, -71, -78, -85, -92, +92 kg

in groups: match 1 x 2 min. (younger/older youth male/female 2 x 1,5 min.)

in case of two competitors in category: match 2 x 2 min. (younger/older youth male/female 2 x 1,5 min.)

Sparring is for blue belts and higher only. Compulsary spinning kicks are not required. Length of round is mentioned on „clear“ time.



IV. Rules:

Competition follows ITF rules and this info pack.

Gloves with open palms are mandatory for youth age division, 10oz gloves for Juniors and Adults.

The colour of the protectors is required according to the side on which the competitor enters.

Year of birth determine competitor's age division, not date of birth!

In case of low number competitors in a category, the categories can be merged.

V. Number of competitors:

There is no limit for number of competitors per category.

VI. Protest:

Protest must be filled according to ITF rules in 5 minutes with 500 CZK deposit.

VII. Umpires:

Each club provides with

1 umpire in case 3 or less competitors

2 umpires in case of 4-10 competitors

3 umpires in case of more than 11 competitors.

Umpires may also compete but the club must provide with required number of umpires for a whole day. 1000 CZK fee per each missing umpire. Umpires are required wear proper clothing by ITF rules.

We provide with lunch as well as pocket money for each umpire.

VIII. Trophies:

Winner will be awarded with golden, silver or bronze medal. Three the most successful clubs will be awarded with trophy.

IX. Others:

Member entities of the Czech Taekwon-Do ITF will enter the competitor's ID number in the application form - linking to the federation database for the federation ranking.

All competitors - members of the Czech Taekwon-Do ITF must have a valid medical examination according to the discipline in which they compete based on Directive No. 8. Non-members of the federation shall submit the original reverse, which is part of this info pack.

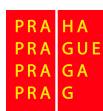
The coach is responsible for familiarizing the participants with the Directive No. 14 of the Czech Taekwon-Do ITF on the fight against doping.

X. Accommodation & food:

Sport center Řepy can assist with accommodation and food during the competition. In the case of need get in touch with Mr. Boháč hotel@sc-repy.cz or by phone: +420 725 518 073. in advance.

XI. Extra competition categories:

The competition is intended for taekwondo players as well as for the general public. In each age group, men and women will compete separately. There will be two competition categories with Blazepods (www.blazepod.eu). The top three in each category will receive special medals. Contestants will sign up on site at the time of the competition!



XII. Our partners:

The competition is organized with the financial support and under the auspices of the Czech Taekwon-Do Federation - www.taekwondo.cz



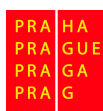
The competition is sponsored by Hayashi – www.hayashi.cz



The competition is sponsored by Ataxon company - <http://ataxon.cz>



The competition is organized with the financial support of the Prague City Hall - <http://praha.eu>



REVERS

Competition name: Sonkal Open 2025

Venue: Sports Centre Řepy, Na Chobotě 1420/16, Prague 6 - Řepy

Date: 17 May 2025

Name and surname:

Birth date:

I, the undersigned, hereby confirm by my signature that I am participating in the above sports competition at my own risk and danger. I declare that I am mentally and medically fit to participate in this competition and in case of any injury, I will not claim any financial or other compensation or pain and suffering from Sonkal, z.s. I further declare that I have duly read this written consent before signing it and have signed it according to my true, free and serious will. I have affixed my handwritten signature as evidence of my assent to the entire contents of this reversion.

For competitors who are under 18 years of age on the day of the competition, the reverse is signed by their legal guardian.

Date Signature of the participant/legal representative

